

Applied Quantum Biology Resources List

All indoor lighting incandescent and/or red if possible

1. Books to start with:

The Fourth Phase of Water, Beyond Solid, Liquid, Vapor by Gerald Pollack

The Water Wizard, The Extraordinary Properties of Natural Water by Viktor Schauberger

The Hidden Messages in Water by Masaru Emoto

The Secret Intelligence of Water, Macroscopic evidence of water responding to human consciousness by Veda Austin

Dancing with Water, The New Science of Water by MJ Pangman, MS and Melanie Evans

The Mitochondriac Manifesto by R.D. Lee

The Invisible Rainbow, A History of Electricity and Life by Arthur Firstenberg

The Body Electric, Electromagnetism and the Foundation of Life by Robert O. Becker, M.D. and Gary Selden

Healing is Voltage, The Handbook by Jerry Tennant, M.D., MD(H), PSc.,D

Earthing by Clint Ober, Stephan T. Sinatra, M.D., and Martin Zucker

The Ultimate Guide to Red Light Therapy by Ari Whitten

Radiation Nation, The Fallout of Modern Technology by Daniel T. Debaun and Ryan P. Debaun

2. Blue light blocking glasses:

Vivarays

Spectra479

Ra Optics

Midwestern Red Light Therapy

3. Grounding resources:

Intuition Physician

Harmony 783

Groundz

Applied Quantum Biology Resources List continued:

4. nnEMF resources:

ElectraHealth

Tech Wellness

Wakn

IrisTech

Shungite

Orgonite

5. Water resources:

Water and Wellness

Water is Life

Dancing with Water

The Wellness Enterprise

6. Red light resources:

BioLight

Midwestern Red Light Therapy

EMR-TEK

Gembared

